

Ballifield PSHE Primary's Curriculum



**You must be the change
you wish to see in the
world.**

-Mahatma Gandhi

Last reviewed: June 2026

Next Review: June 2027

“

**Each person must
live their life as a
model for others.**

ROSA PARKS

Southern Living

Context

The context of PSHE at Ballifield Primary School is that of a large urban primary school, serving children in the age range 3-11 years.

Since September 2021, we teach according to “**The Learn Sheffield PSHE Curriculum**”. Learn Sheffield PSHE Curriculum consists of seven core areas:

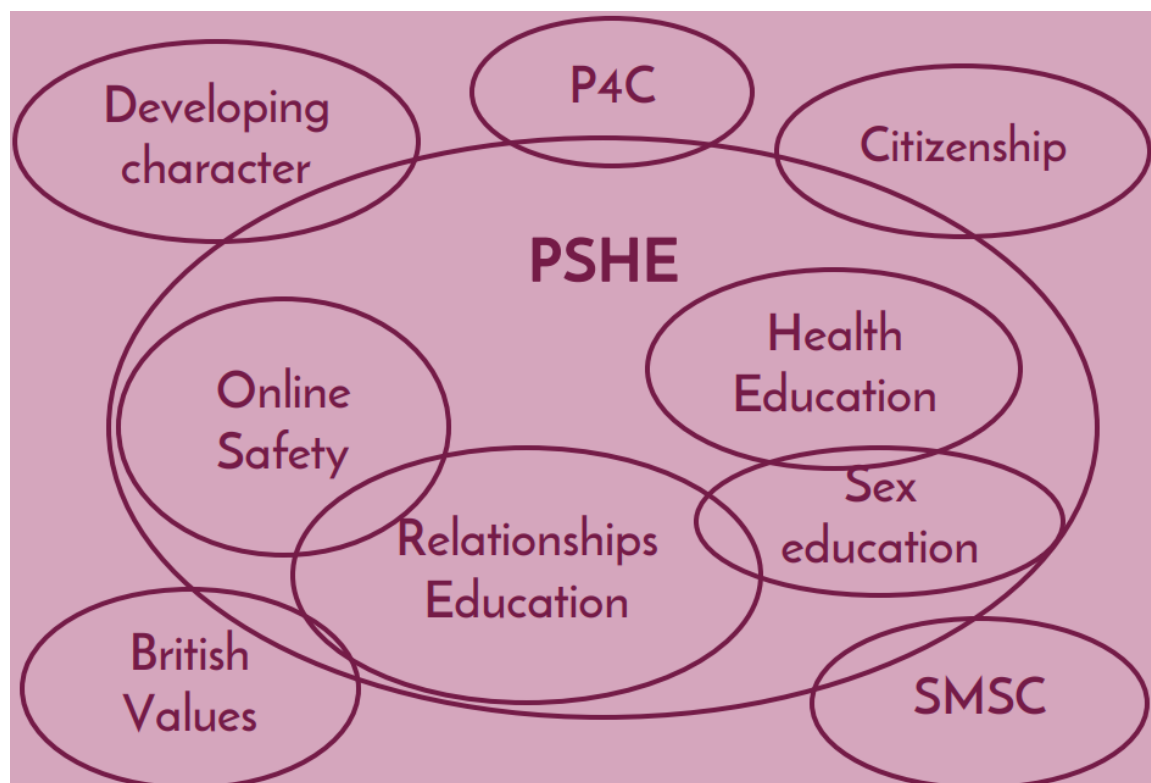
Mental Health
Family
Friends
Community
Physical Health
Growing up
Online Safety

This curriculum is supplemented by additional schemes: **Learn Sheffield Online Safety**, **PSHE Association Consent**, **Anti-Racism Education** and **St John’s Ambulance First Aid**.

Throughout the PSHE Curriculum are the **British Values and Protected Characteristics**. Pupils are encouraged to regard people of all faiths, races and cultures with respect and tolerance. Pupils should understand that while different people may hold different views about what is 'right' and 'wrong', all people living in Great Britain are subject to its law.

At Ballifield Primary School we recognise the necessity to develop, through our curriculum, pupils’ appreciation of **culture** and **religion** (Ballifield Ofsted Inspection Report, March 2022).

At Ballifield, our PSHE follows Learn Sheffield curriculum consisting of the following:



OUR INTENT FOR THE TEACHING OF PSHE AT BALLIFIELD PRIMARY SCHOOL

Purpose

The purpose of the teaching of PSHE at Ballifield Primary School is that all children will have the knowledge and skills to stay healthy, safe and prepared for life and work in modern Britain. They will be provided with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We share a cohesive vision to help children to understand and value how they and others fit into and contribute to the world. We have a strong emphasis on British Values, emotional literacy, building resilience and nurturing mental and physical health through the delivery of a programme of engaging and relevant PSHE/RSHE within a whole school approach. We also promote and practise mindfulness allowing children to advance their emotional awareness, concentration and focus.

Aim

The aim of the study of PSHE at Ballifield Primary School is that we develop the qualities and attributes children need to thrive as individuals, family members and members of society within Britain. We want our children to apply the British Values within society, build positive relationships, understand their own mental and physical health, understand the importance of consent, be safe in school, online and in the wider community, define and understand discrimination, racism and racial stereotypes and recognise unconscious bias.



PSHE Curriculum Aims

Families and people who care for me

- that families are important for children growing up because they can give love, security and stability.
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.
- that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong.
- how to recognise if family relationships are making them feel unhappy.

Caring friendships

- how important friendships are in making us feel happy and secure, and how people choose and make friends.
- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.
- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

Respectful relationships

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.
- practical steps they can take in a range of different contexts to improve or support respectful relationships.
- the conventions of consent, courtesy and manners.
- the importance of self-respect and how this links to their own happiness.
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.
- what a stereotype is, and how stereotypes can be unfair, negative or destructive.
- the importance of consent, permission-seeking and giving in relationships with friends, peers and adults.

Online relationships

- that people sometimes behave differently online, including by pretending to be someone they are not.
- that the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous.
- the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.
- how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.
- how information and data is shared and used online.

Being safe

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).
- about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.
- that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.
- how to recognise and report feelings of being unsafe or feeling bad about any adult.
- how to ask for advice or help for themselves or others, and to keep trying until they are heard.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.
- where to get advice e.g. family, school and/or other sources

Mental wellbeing

- that mental wellbeing is a normal part of daily life, in the same way as physical health.
- that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.
- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.
- how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.
- the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.
- simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests.
- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support.
- that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing.
- where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online).

- it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.

Internet safety and harms

- that for most people the internet is an integral part of life and has many benefits.
- about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.
- how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.
- why social media, some computer games and online gaming, for example, are age restricted.
- that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.
- how to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted.
- where and how to report concerns and get support with issues online.
- AI Internet Safety. Learn Sheffield AI lessons to be taught in Computing Curriculum.

Physical health and fitness

- the characteristics and mental and physical benefits of an active lifestyle.
- the importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise.
- the risks associated with an inactive lifestyle (including obesity).
- how and when to seek support including which adults to speak to in school if they are worried about their health.

Healthy eating

- what constitutes a healthy diet (including understanding calories and other nutritional content).
- the principles of planning and preparing a range of healthy meals.
- the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).
- guidance from the Food Standards Agency (FSA) on ice slush drinks containing glycerol: children under 7 should not consume them at all, and children aged 7–10 should have no more than one 350ml drink per day. Pupils will be taught to make informed choices about these products as part of learning about diet and nutrition.

Drugs, alcohol and tobacco

- the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.
- the risks associated with caffeine and energy drinks, including their impact on sleep, behaviour, concentration and physical health.

Health and prevention

- how to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.
- about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer.
- the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn.
- about dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist.
- about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing.
- the facts and science relating to allergies, immunisation and vaccination.
- the risks associated with caffeine and energy drinks, including their potential to disrupt sleep, affect concentration and behaviour, and have negative impacts on physical health.
- awareness of the risks of glycerol in ice slush drinks, as highlighted by the Food Standards Agency (FSA). Children will be advised on safe consumption, and parents will be signposted to FSA resources and posters to support understanding at home.

Basic first aid

- how to make a clear and efficient call to emergency services if necessary.
- concepts of basic first-aid, for example dealing with common injuries, including head injuries.

Changing adolescent bodies

- key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.
- about menstrual wellbeing including the key facts about the menstrual cycle.

OUR IMPLEMENTATION OF THE TEACHING OF PSHE AT BALLIFIELD PRIMARY SCHOOL

Legal Requirements (according to legislation in England):

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019 made Relationships Education compulsory in all primary schools from September 2020. Primary schools are required to teach Relationships Education and Health Education. Sex education is not compulsory in primary schools beyond the statutory content contained within the National Curriculum for Science; however, schools may choose to teach additional age-appropriate sex education.

At Ballifield Primary School, Relationships, Sex and Health Education (RSHE) is taught in accordance with statutory guidance issued by the Department for Education and reflects the updated September 2026 guidance for Relationships Education, RSE and Health Education.

Additional legislation and statutory guidance informing this policy include:

Children and Social Work Act 2017
Education Act 1996, including Sections 403, 406 and 407

Equality Act 2010, including the Public Sector Equality Duty under Section 149
Keeping Children Safe in Education 2026
The Prevent Duty guidance
UK GDPR and data protection legislation relating to online safety and digital safeguarding

As a maintained primary school, Ballifield Primary School must provide Relationships Education to all pupils under Section 34 of the Children and Social Work Act 2017. Parents do not have the right to withdraw their child from statutory Relationships Education or Health Education. Parents may request withdrawal only from any non-statutory sex education taught beyond the National Curriculum for Science.

In teaching RSHE, the school will have regard to the age, developmental stage, SEND needs and cultural background of pupils to ensure content is taught sensitively, inclusively and in an age-appropriate manner.

Our RSHE curriculum reflects the September 2026 statutory guidance and includes explicit teaching in the following areas:

- healthy, respectful and safe relationships
- consent, personal boundaries and assertiveness
- recognising and reporting abuse, harassment and harmful behaviour
- online safety, including scams, misinformation, disinformation, deepfakes, AI-generated content, influencer culture and image sharing
- respectful behaviour online and offline, including challenging sexism, misogyny, prejudice, discrimination and harmful stereotypes
- emotional wellbeing, resilience, self-regulation and coping strategies
- grief, bereavement, loneliness and mental health awareness
- personal safety in public spaces, around roads, railways, water and when travelling independently
- correct anatomical terminology and understanding physical and emotional changes during puberty
- safeguarding, including how to seek help, report concerns and access trusted support
- media literacy and critical evaluation of online information and content
- challenge harmful stereotypes
- recognise misogyny
- critically evaluate online influencers and digital content

Ballifield Primary School recognises that safeguarding is everyone's responsibility. Staff are trained to identify safeguarding concerns linked to online harms, peer-on-peer abuse, harmful sexual behaviour, exploitation, misinformation, radicalisation and inappropriate online content. Filtering and monitoring systems are in place in line with DfE expectations for schools, alongside age-appropriate teaching around cyber safety, privacy and responsible use of technology.

All RSHE teaching will be delivered within a safe, respectful and inclusive environment that promotes equality, fosters mutual respect and prepares pupils for life in modern Britain.

PSHE is for all pupils:

- Every pupil has an entitlement to Relationships Education, Relationships and Sex Education, Personal, Social and Health Education and Economic Education (PSHE).
- PSHE is a necessary part of a 'broad and balanced curriculum' and must be provided for all

registered pupils in state-funded schools in England, *unless withdrawn by their parents*.

Right of withdrawal:

Parents have the right to request that their child be withdrawn from **sex education which is delivered as part of statutory RHE. Parents cannot withdraw from Relationships Education. Parents can only withdraw from non-statutory sex education.** Before granting any such request, the PSHE lead and head teacher will discuss the request with parents, which should be in writing*, stating their reasons for withdrawal and, as appropriate, with the child to ensure that their wishes are understood. School will document this process to ensure a record is kept.

The head teacher during the course of the discussion with parents will include the benefits of receiving this important education and any detrimental effects that withdrawal might have on the child. This could include any social and emotional effects of being excluded, as well as the likelihood of the child hearing their peers' version of what was said in the classes, rather than what was directly said by the teacher (although the detrimental effects may be mitigated if the parents propose to deliver sex education to their child at home instead).

Once those discussions have taken place, except in exceptional circumstances**, the school should respect the parents' request to withdraw the child.

**However, there may be exceptional circumstances where the head teacher may want to take a pupil's specific needs arising from their SEND into account when making this decision. Head teachers will automatically grant a request to withdraw a pupil from any sex education delivered in primary schools other than as part of the science curriculum.

If a pupil is excused from sex education, Ballifield will ensure that the pupil receives appropriate, purposeful education during the period of the missed sessions.

Parents do not have the right to withdraw their children from relationships education more broadly. Parents only have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE.

*Requests for withdrawal should be put in writing using the form found in Appendix 1 of this policy and addressed to the headteacher.

PSHE Requirements

- PSHE will be taught a minimum of once a week.
PSHE is to be taught by class teachers and not left for cover staff. As a school, we feel that our teachers have the best relationships with the children in their class, so they are best placed to teach such crucial and sometimes sensitive/thought-provoking content.
- Staff to be considerate, flexible and responsive to students' differing needs in PSHE.
- Links will be made to previous units of study in order to develop children's understanding and build on knowledge and skills.
- Online Safety will be taught in every half term.
- Written and evidenced learning in books providing questions and scenarios.

Teaching and Learning

From September 2026, the RSHE curriculum at Ballifield Primary School will be explicitly mapped to the updated DfE statutory guidance to ensure clear progression in knowledge, vocabulary and safeguarding understanding from EYFS to Year 6. Curriculum mapping identifies where pupils are taught key themes including respectful relationships, consent, personal boundaries, online safety, media literacy, emotional wellbeing, misogyny and harmful stereotypes, personal safety, grief and bereavement, mental health awareness and safeguarding. The curriculum also includes explicit teaching around digital resilience, misinformation, disinformation, influencer culture, AI-generated content and deepfakes, ensuring pupils are equipped to navigate an increasingly complex online world safely and critically. Content is sequenced in an age-appropriate manner and revisited progressively across year groups so that pupils build secure understanding over time. All teaching is adapted appropriately to meet the needs of pupils, including those with SEND, and reflects the school's commitment to inclusion, equality, safeguarding and preparation for life in modern Britain.

The teaching and learning of PSHE at Ballifield Primary School is set out as per Appendix 2. This may be changed and adapted as and when necessary in regards to safeguarding. Ballifield have developed the curriculum in consultation with parents, pupils and staff, considering the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

- RSHE is taught weekly where teachers have planned to deliver a unit of work. This allows for meaningful coverage of a unit of work and takes into consideration pupil age and stage of development.
- A range of teaching strategies in RSHE is encouraged to deliver the curriculum
- Coherent links are made to other curriculum areas where appropriate
- Themed weeks/themed days/visits to local/national places of culture are built into planning and visitors in to school support the children's enjoyment of learning.
- Whole school activities support annual events such as Anti-Bullying Week and Children in Need.

Units of learning

- **Families and people who care for me**
 - **Caring friendships**
 - **Respectful relationships**
 - **Online relationships**
 - **Being safe**

These areas of learning are taught within the context of family life, taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Ballifield Primary will comply with the relevant provisions of the Equality Act 2010, under which disability, religion or belief, gender and sexual identity are amongst the protected characteristics. This will also include SEND. School will also consider the makeup of our own pupils including the gender, ability, age range and home backgrounds of their pupils. Consultation with pupils can also be used as part of this planning and decision making.

All pupils, whatever their experience, background and identity, are entitled to quality PSHE that helps them build confidence, a positive sense of self, and the knowledge understanding to stay safe and healthy. All classes include pupils with different abilities and aptitudes, experiences, home structures, religious/cultural backgrounds, gender and sexual identities. To encourage pupils to participate in lessons, teachers will ensure content, approach and use of inclusive language reflects the diversity of the school community and helps each and every pupil to feel valued and included in the classroom. We will ensure PSHE is matched to the needs of our pupils by differentiation methods – including meeting the needs of learners with special educational needs, learning difficulties, children's age and physical and emotional maturity.

Planning

Long term plans set out the overall provision map for each subject across each year group for the academic year. Class teachers ensure that the curriculum is effectively covered by mapping both the National Curriculum for each subject to each year group and then identifying key areas of learning alongside opportunities for extended learning opportunities, educational visits, learning beyond the classroom, SMSC and British values. These opportunities support exciting and stimulating learning.

Medium term plans set out a planned route for covering subjects and the relevant subject specific key concepts over several weeks in an engaging and exciting way. Overarching questions are used whenever possible to open up the content and the detail to be taught. Planned endpoints are included in MTP for each unit to support assessment. The **endpoints** will make clear what pupils need to know by the end of a topic.

Lesson Plans link overarching ideas including British Values. The pupils know that they are learning PSHE and can draw links from other ideas and subjects.

PSHE Resources

Colour	Location of planning
Black – PSHE Curriculum	https://drive.google.com/drive/folders/1r_mu18BHjpuZ8hMoyyG1UfQLUQaxd8Zp
Red – Online Safety	https://drive.google.com/drive/folders/1r_mu18BHjpuZ8hMoyyG1UfQLUQaxd8Zp
Red * - Online Safety	https://drive.google.com/drive/folders/1lhBQw72JLIRcgwiYqY1VXpHghs-ELspv
Purple – PSHE Association	PSHE Association scheme of work - StaffShare
Green – First Aid	https://drive.google.com/drive/folders/1Fz1EnIOFZb8bl7csHO6odEfueWUgnx9-
Dark Blue - Consent	Consent folder – StaffShare

Orange – Anti-Racism / Discrimination	Primary (KS1 and KS2) lessons — Anti-Racism Education (antiracism.education) https://www.antiracism.education/primary
Gold – British Values	British Values Folder - StaffShare
AI Internet Safety	Learn Sheffield AI lessons to be taught in Computing Curriculum

Visits and Visitors

Ballifield Primary School understands the importance of visits and visitors to our pupils' experience of PSHE, SMSC and the British Values. We aim to arrange visits/visitors in each key stage. Each week, an assembly focuses on key events in the calendar which help promote a diverse Britain encouraging SMSC and the British Values.

Inclusion

Our whole school inclusion, English as an Additional Language (EAL) and Special Educational Needs and Disabilities (SEND) policies apply wholly to PSHE. Ballifield Primary will comply with the relevant provisions of the Equality Act 2010, under which disability, religion or belief, gender and sexual identity are amongst the protected characteristics. This will also include SEND. School will also consider the makeup of our own pupils including the gender, ability, age range and home backgrounds of their pupils. Consultation with pupils can also be used as part of this planning and decision making.

We will teach about these topics in a manner that:

- Considers how a diverse range of pupils will relate to them
- Is sensitive to all pupils' experiences
- During lessons, makes pupils feel safe, supported and able to engage with the key messages.

Ballifield will ensure that pupils learn about these topics in an environment that's appropriate for them:

- A whole-class setting
- Small groups or targeted sessions
- 1-to-1 discussions
- Digital formats
- Considers the level of adaptative teaching needed

Use of resources:

- Are aligned with the teaching requirements set out in the statutory RSE guidance
- Support pupils in applying their knowledge in different contexts and settings
- Are age-appropriate, given the age, developmental stage and background of our pupils
- Are evidence-based and contain robust facts and statistics
- Fit into our curriculum plan
- Are from credible sources
- Are compatible with effective teaching approaches

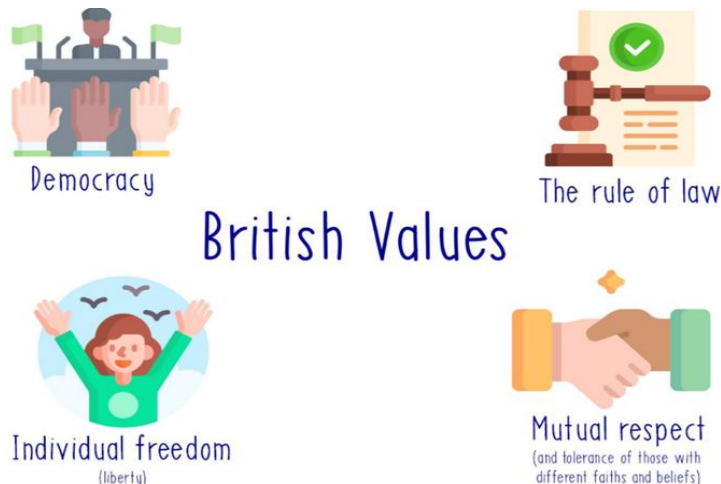
- Are sensitive to pupils' experiences and won't provoke distress

EYFS

In the EYFS at Ballifield, PSHE sits within the areas of Personal, Social and Emotional Development. See appendix 2 for the EYFS curriculum overview and aims.

British Values, SMSC & Citizenship

At Ballifield Primary School, we are committed to promoting the fundamental British values of democracy, rule of law, individual liberty, mutual respect, and tolerance of those with different faiths and beliefs. We aim to actively promote British values in our school to ensure young people leave school prepared for life in modern Britain. Pupils are encouraged to regard people of all faiths, races and cultures with respect and tolerance and understand that while different people may hold different views about what is 'right' and 'wrong', all people living in England are subject to its law. We believe that these values are integral to the holistic development of our pupils, enabling them to become responsible, respectful, and well-rounded citizens.



Promoting British Values:

Democracy:

Children learn about what democracy is and is not, highlighting the importance of democracy in Britain through historical and modern day examples, linking democratic processes in school with examples in the wider society.

Pupils are encouraged to participate in decision-making processes within the school through class councils, elections, and pupil voice initiatives such as:

- School councillor class vote at the start of the academic year
- Elected Healthy Minds Champions
- Elected Healthy Eating Council
- Elected School Sports Crew
- Elected IT/Computing Superheroes
- Elected Eco Warriors (to start September 2024)
- Class votes for Sheffield Book Awards

One of our Ballifield Core Values is "Having a voice". At Ballifield, we have a whole-school commitment to listening to the views, wishes and experiences of all our children. We place

great value on what children tell us about their experiences, interests and ideas for making Ballifield a better place. All pupil voice activities are designed to make a positive and demonstrable contribution to the life of the school and are inclusive, allowing all pupils the opportunity to participate.

This is done in a variety of ways including;

- Play leaders – Children that support active playtimes through games and activities outside.
- Reading buddies – Older children are linked with younger children to help support reading skills, fluency and reading for pleasure.
- Computing leaders – Children that help promote, support the use of and look after digital equipment and online safety.
- Pupil voice subject questionnaires and interviews – Children have been interviewed and ask for their feedback to help develop and adapt the curriculum

The children feel that their suggestions are valued and that their opinions matter and make a difference. Alongside this, Ballifield children are given the opportunity to be young leaders this includes:

- Play leaders – Children that support active playtimes through games and activities outside.
- Reading buddies – Older children are linked with younger children to help support reading skills, fluency and reading for pleasure.
- Computing leaders – Children that help promote, support the use of and look after digital equipment and online safety.

Rule of Law:

Our school follows three school rules: **Be Respectful, Be Responsible and Be Safe**, which are integral to our learning and ethos every day.

We teach pupils the importance of following rules and laws, both within the school and society, and the consequences of breaking them.

- Behaviour and Anti-Bullying policies encourage a restorative justice approach to resolve conflict.
- Developing respect through PSHE/SMSC lessons.
- Visits involving local police, fire brigade etc.
- Developing classroom rules and expectations with pupils
- Assemblies, classroom activities, talking to children about why we have rules to ensure people are safe and secure
- We take part in local initiatives such as Crucial Crew, in Y6.
- Online safety is fundamental within the curriculum and cyber-bullying is tackled with a zero-tolerance approach
- Social intervention groups – Nurture staff

In line with the school behaviour policy, we ensure school rules and expectations are clear and fair to:

- help pupils to distinguish right from wrong;
- help pupils to respect the law and the basis on which it is made;

- help pupils to understand that living under the rule of law protects individuals

Individual Liberty: An understanding that the freedom to hold other faiths and beliefs is protected in law, and an acceptance that other people having different faiths or beliefs to oneself (or having none) should not be the cause of prejudicial or discriminatory behaviour.

- Support ethnic minority children by celebrating their culture and religious beliefs.
- Promoting different religious celebrations throughout the school year, in assemblies and through our curriculum.
- Children have the opportunity to visit places of worship e.g. the local to church to learn about Christianity, the Synagogue and the Mosque.
- Ensuring that all children regardless of colour, creed, religion, disability are treated with equal dignity and respect.
- Anti-Bullying policy addresses prejudicial and discriminatory behaviour.
- Prejudicial and / or discriminatory behaviours are recorded, and issues are addressed.
- Hold assemblies on being different, different cultures, being British, anti- bullying, disability, Black History etc.

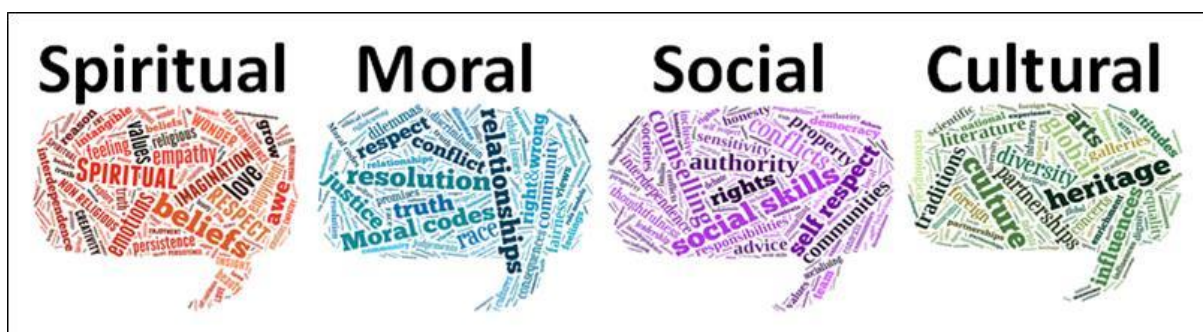
Children at Ballifield are encouraged to express their opinions, make choices, and develop their interests in a safe and supportive environment, promoting freedom of expression by:

- signing up for extra-curricular activities
- taking part in creative projects such as our Easter DT project and Art projects linking with cultural events (Euro 2024, King's Coronation etc.)
- exercising their rights and personal freedoms and are advised how to exercise these safely, for example through our e-safety teaching and PSHE lessons
- challenging stereotypes and viewpoints, using the British Values as a reference to guide respectful conversations

Mutual Respect and Tolerance: Respect is one of the core values of our school. We promote respect for oneself and others, regardless of differences in gender, ethnicity, religion, or background. We foster an inclusive environment where pupils learn about and respect the beliefs and traditions of others through:

- RE and PSHE curriculum - children are encouraged to discuss and respect differences between people such as differences of faith, ethnicity, disability, gender or sexuality and differences of family situations
- Tolerance of different viewpoints and beliefs are encouraged through dialogue, debate and exploration of ethical and moral issues.
- Cultural awareness is promoted through events, assemblies and curriculum content.
- Links and visits are promoted with local faith communities and places of worship. e.g. Members of different faiths or religions are invited to school to share their knowledge and enhance learning within assemblies and in class
- In class assemblies focus on national and international celebrations, festivals and events
- Story books and resources including range of different faiths and cultures MFL – Spanish language and culture being taught across the school

SMSC



At Ballifield Primary School, we believe in nurturing the holistic development of our students, encompassing their spiritual, moral, social, and cultural growth. Our SMSC policy aims to provide a framework for promoting these fundamental aspects of education within our school community.

Spiritual Development:

- We provide opportunities for pupils to explore beliefs and develop their own spiritual understanding.
- Through reflection, mindfulness activities, and discussions, we encourage pupils to contemplate their own beliefs and values.
- We celebrate diversity and encourage pupils to appreciate the beauty and complexity of the world around them.

Examples:

- Weekly assemblies
- School curriculum explores different people's beliefs
- Opportunities for reflection

Moral Development:

- We foster a strong sense of right and wrong, promoting honesty, integrity, and responsibility.
- Our curriculum includes lessons and discussions on ethical dilemmas, justice, and the consequences of actions.
- We encourage pupils to develop empathy and compassion towards others, promoting a caring and supportive school community.

Examples:

- Class discussions on what is right and wrong

- Exploring what is legal and illegal
- Restorative practice for consequences

Social Development:

- We promote collaboration, teamwork, and effective communication skills through group activities, projects, and extracurricular clubs.
- Pupils are encouraged to respect and value the opinions, cultures, and backgrounds of their peers.

Examples:

- Fundraising for charities such as Comic Relief and Children in Need
- Skills to prepare children for modern life in Britain
- Skills for social interactions such as Play the Right Way initiative

Cultural Development:

- We celebrate diversity and promote understanding and respect for different cultures, traditions, and beliefs.
- Our curriculum includes opportunities for pupils to learn about the history, literature, art, and music of various cultures around the world.
- We organise assemblies and celebrations to foster cultural awareness and appreciation.

Examples:

- Promote the ethos that a range of different cultures make modern Britain
- Celebrate, explore and understand diverse cultures in assemblies and throughout the curriculum
- Cultural traditions are explored through art, music and sport

Citizenship

At Ballifield, we believe in fostering responsible, compassionate, and engaged citizens. Through our PSHE, British Values and SMSC policies, pupils learn the values of respect, integrity, and empathy, preparing them to contribute positively to their communities and the wider world.

- **Respect for Others:** We encourage our pupils to treat everyone with kindness and consideration, regardless of differences in backgrounds, beliefs, or abilities. Respect for others is the foundation of a harmonious society, and we strive to cultivate this value through our daily interactions and curriculum.
- **Responsibility:** We teach our pupils the importance of taking responsibility for their actions and their impact on the environment, both locally and globally. Through learning experiences pupils develop a sense of ownership for their community and understand their role in making positive changes.
- **Active Citizenship:** We empower our pupils to become active participants in their communities, encouraging them to voice their opinions, engage in democratic processes, and advocate for causes they believe in. By providing opportunities for leadership and community service, we nurture the next generation of leaders and change makers.
- **Global Awareness:** We promote an understanding of global issues and perspectives, fostering empathy and solidarity with people from diverse cultures and backgrounds. Through multicultural education and global awareness initiatives, we equip our pupils with the knowledge and skills to navigate an increasingly interconnected world.

- Digital Citizenship: In an age of digital communication and social media, we educate our pupils about responsible online behaviour, digital literacy, and internet safety. By promoting ethical use of technology and critical thinking skills, we empower pupils to become responsible digital citizens.
- Continuous Learning: Citizenship education is an ongoing process that extends beyond the classroom. Through our PSHE, British Values, SMSC and citizenship policies, we aim to cultivate a school community where every individual feels valued, supported, and empowered to make a positive difference in the world. Together, we can inspire a future generation of compassionate and responsible global citizens.

Implementation:

- This policy is embedded in all aspects of school life, including the curriculum, assemblies, extracurricular activities, and interactions between staff and pupils.
- Staff receive training and support to effectively promote British values, SMSC and Citizenship development.
- Regular assessments and evaluations are conducted to monitor the effectiveness of the policy and identify areas for improvement. Monitoring will include lesson observations, planning scrutiny, pupil voice, staff voice, curriculum reviews, safeguarding information and evaluation of pupil outcomes.

Review and Evaluation:

- This policy will be reviewed annually by the school leadership team in consultation with staff, pupils, parents, and governors.
- Feedback and suggestions for improvement will be considered to ensure that the policy remains relevant and effective in promoting British Values, SMSC and Citizenship development at Ballifield Primary School.

THE IMPACT OF THE TEACHING OF PSHE AT BALLIFIELD PRIMARY SCHOOL

The impact of our PSHE curriculum will be that our children understand the importance of PSHE, SMSC and British Values and the positive effects they can have on their life. Educating pupils to stay safe, healthy and build positive relationships can improve the physical, psychological and social well-being of pupils. A virtuous cycle can be achieved, whereby pupils with better health and well-being can achieve better academically, which in turn leads to greater success.

Assessment, reporting and monitoring

- Throughout units of learning, teachers recap and review previous learning to ensure that progression is evident and achieved.
- Half-term assessments are carried out beginning at the start of the unit and reviewed at the end to show progress.
- Gaps are filled before new knowledge is taught and AfL is used constantly to ensure children know and remember more.
- Pupils' attainment in PSHE throughout the school will be tracked and monitored by the Subject Leader in order to ensure that PSHE provision at Ballifield is impactful. The Subject Leader will also be able to identify areas for development and children

who are finding it difficult to achieve the learning outcomes and crucial knowledge. Through discussion with teachers, ways to further support children to meet the learning outcomes are devised.

- As required by law, we report pupils' attainment in PSHE in written form to parents once a year, specifying whether their child has met the learning outcomes taught through our PSHE curriculum.
- Monitoring will include lesson observations, planning scrutiny, pupil voice, staff voice, curriculum reviews, safeguarding information and evaluation of pupil outcomes.

Role of the Subject Leader

The Subject Leader is responsible for overseeing teaching and learning in PSHE at Ballifield. This role includes:

- Develop this school policy and ensure it is reviewed as per the agreed timetable.
- Ensure appropriate training is offered to members of the governing body.
- Ensure that all staff are given regular and ongoing training on issues relating to RHE and how to deliver lessons on such issues.
- Ensure that all staff are up to date with the curriculum and its delivery, policy and any other guidance relating to RHE.
- Provide support and training to staff members who feel uncomfortable or ill-equipped to deal with the delivery of RHE to pupils.
- Ensure that RHE is age appropriate and needs-led across all year groups; this means ensuring that the curriculum develops as the pupils do and meets their needs.
- Ensure that the knowledge and information regarding RHE to which all pupils are entitled is provided in a comprehensive way.
- Support parent/carer involvement in the development of the RHE curriculum.
- Ensure that their personal beliefs, values and attitudes will not prevent them from providing balanced RHE in school.
- Communicate freely with staff, parents/carers and the governing body to ensure that everyone understands the school policy and curriculum for RHE, and that any concerns or opinions regarding the provision at the school are listened to, considered and acted on as is appropriate.
- Ensure that provision of RHE at home is complementary to the provision the school provides and communicate to parents/carers any additional support available where necessary or requested.
- Ensure that any external sources/visitors are credible, evidence based and enhance learning.
- Carry out a variety of monitoring arrangements: planning and book scrutinies, learning walks, pupil voice and staff feedback. All information will be carefully considered before next steps are taken.

This policy will be reviewed by Cohn Sanderson (PSHE Subject Leader) and Clare Roddis (Deputy Headteacher) annually. At every review, the policy will be approved by the Headteacher and governors.

Policy date: July 2025

Policy review date: July 2026

Appendix 1 – Right to withdraw

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	Include notes from discussions with parents and agreed actions taken. Eg: Joe Bloggs will be taking part in all relationships lessons and during the sex education lessons, he will be working independently on a project in the Year 5 classroom

Appendix 2 – Ballifield PSHE Curriculum

RSHE Sheffield Scheme at Ballifield

Colour	Location of planning
Black – PSHE Curriculum	https://drive.google.com/drive/folders/1r_mu18BHjpuZ8hMoyyG1UfQLUQa_xd8Zp
Red – Online Safety	https://drive.google.com/drive/folders/1r_mu18BHjpuZ8hMoyyG1UfQLUQa_xd8Zp
Red * - Online Safety	https://drive.google.com/drive/folders/1lhBQw72JLIRcgwiyqY1VXpHgsh-ELspv
Purple – PSHE Association	PSHE Association scheme of work - StaffShare
Green – First Aid	https://drive.google.com/drive/folders/1Fz1Enl0FZb8bl7csHO6odEfueWUqn_x9-
Dark Blue - Consent	Consent folder – StaffShare
Orange – Anti-Racism	Primary (KS1 and KS2) lessons — Anti-Racism Education (antiracism.education) https://www.antiracism.education/primary

Foundation Stage

Personal, Social and Emotional Development

	Autumn		Spring		Summer	
FS 1	Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is	Play with one or more other children, extending and elaborating play ideas Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.	Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.	Develop appropriate ways of being assertive. Talk with others to solve conflicts.	Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them	Develop appropriate ways of being assertive. Talk with others to solve conflicts.

	suggested to them. Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations.	Develop their sense of responsibility and membership of a community.	Understand gradually how others might be feeling.			
FS 2	•Identifying feelings •Building positive relationships •Knowing the importance of sleep and tooth brushing •Class rules	•Identifying and explaining feelings •Building independence (toileting, eating) •School rules	•Setting goals – perseverance •Knowing right from wrong •Keeping healthy	•Working as part of a group/class •Understanding others' feelings	•Making healthy food choices •Working independently	•Remaining focussed •Explaining right and wrong •Being resilient

KS1 & KS2

Context	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Mental Wellbeing	Relationships and Family	Relationships Friends	Living in the wider world. Community	Physical Health	Growing up

Unit Codes	M = Mental Wellbeing	Fa = Family	Fr = Friend	C= Community	P= Physical Health	G= Growing up
OS = Online Safety Sx = Sex (optional) First Aid PSHE Association Anti-Racism						
KS1						
Y1	M1) Where do feelings come from? M2) Who am I? Os) Passwords C1 * Consent KS1 Asking for permission British Values Introduction	Fa1) Who's in my family? Fa2) Do Families always stay the same? Fa3) How should families treat each other? Os1) Screen time (L1) British Values Rule of Law	Fr1) Who is my friend? Fr2) What makes a good friend? Os) What is the internet? C2* R9. how to ask for help if a friendship is making them feel unhappy Anti-discrimination lessons British Values Democracy	C1) How do we make a happy school? C2) Who lives in my neighbourhood? Os) Choosing what to do online L2* L10. what money is; forms that money comes in; that money comes from different sources L13. that money needs to be looked after; different ways of doing this	P1) How do I help my body stay healthy? P2) How do I decide what to eat? Os) Searching safely P3 * British Values Respect and Tolerance	Os) Communicating online S3 * Os) Being kind online S2* First Aid – Emergencies and calling for help. Consent Recap KS1 Asking for permission British Values Summary / Evaluation

				Anti-discrimination lessons		
				British Values Individual Liberty		
Y2	Recap M2 M2) Who am I? M3) What helps me to be happy? Os) Feeling uncomfortable online * Consent KS1 Asking for permission British Values Introduction	Fa4) When should I say no? Fa5) Who owns my body? I do! Fa6) Are all families the same? Os2) Personal information (S1) L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want British Values	Fr3) Should friends tell us what to do? Fr4) How do we stop bullying? Os3 Online strangers (P1) Anti-discrimination lessons British Values Democracy	Recap C2 C2) Who lives in my neighbourhood? C3) What makes a boy or a girl? C4) How should I save up to buy something? Os4) Fake News (N1) L11. that people make different choices about how to save and spend money Anti-discrimination lessons British Values Individual Liberty	P3) How do we stop getting ill? P4) How can I stay safe? Os) Accepting messages C3* H20 – about change and loss (including death): to identify feelings associated with this; to recognise what helps people to feel better British Values Respect and Tolerance	G1) How bodies change as we get older (link with science) Os) Content Creators N1* First Aid – Emergencies and calling for help. Consent Recap KS1 Asking for permission British Values Summary / Evaluation

		Rule of Law				
LKS2						
Y3	M1) How do I manage my feelings? Os1) Online strangers (P1) Consent KS2 Giving and seeking permission British Values Introduction	Fa1) Do Families always stay the same? Fa2) Are all families like mine? Os2) Sharing Online(P2) Racism <u>Lesson 1: Talking about race and racism</u> British Values Rule of Law	Fr1) What makes a good friend? Fr2) Are all friends the same? Os3) Friendship Online (S1) Consent KS2 Personal boundaries British Values Democracy	C1) How do we make the world fair? C2) Where do you feel like you belong? Os4) Personal Information (C2) Racism <u>Lesson 2: Defining anti-racism</u> British Values Individual Liberty	P1) How do I keep my body healthy? P2) How do I get a healthy diet? Os) Screen Time L1* Os) Sleep L2* H40. about the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully) Consent KS2 Appropriate and inappropriate touch British Values Respect and Tolerance	Os4) Personal Information (C2) Os) Deciding what is appropriate L3 * Os) Suspicious Messages C4 * First Aid – Bites and stings British Values Summary / Evaluation
Y4	Recap M1 M1) How do I	Recap Fa2	Recap Fr1 and 2	Recap C2	P3) How do I stop getting ill?	G1) What is a period?

	manage my feelings? M2) Are we happy all the time? Os5) Digital media (N1) Consent KS2 Giving and seeking permission British Values Introduction	Fa2) Are all families like mine? Fa3) Are boys and girls the same? Os6) Verifying content and echo chambers (N3) Racism <u>Lesson 3: Redefining racism</u> British Values Rule of Law	Fr1) What makes a good friend? Fr2) Are all friends the same? Fr3) Are friendships always fun? Fr4) What is sexism? Os) Passwords C5 * Consent KS2 Personal boundaries British Values Democracy	C2) Where do you feel like you belong? C3) How can we help the people around us? Os) Media Bias N2 * H47. to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others Racism <u>Lesson 4: Understanding racial socialisation and stereotypes</u> British Values Individual Liberty	Os) Copyright C3 * H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping Consent KS2 Appropriate and inappropriate touch British Values Respect and Tolerance	(Optional Y4 lesson) Os) Advertising C1 * First Aid – Asthma British Values Summary / Evaluation
UKS2						
Y5	M1) Does everybody have the same feelings?	Fa1) Why do people get married? Fa2) Are families	Fr1) What makes a close friend? Fr2) Should I	C1) What is prejudice? C2) What is the history of prejudice?	P1) Is there such a thing as the perfect body?	G1) How will my body change as I get older?

	M2) Should we be happy all the time? Os) Social Media anxiety L1* Os) Self Esteem L2 * Consent KS2 Giving and seeking permission British Values Introduction	ever perfect? Os1) Control and consent (S1) Os2) Protecting our identity(P1) Os) Passwords C3* Racism <u>Lesson 5: Unconscious bias</u> British Values Rule of Law	try and fit in with my friends? Fr3) Should friends tell us what to do? Os) Online Behaviour S2 * Os) Protecting images of us online P2* Consent KS2 Personal boundaries British Values Democracy	C3) What should I do if I encounter prejudice? Os3a) Meeting strangers online (P4) Os3b) How do we decide what to share? Os4) Personal Information , terms and conditions Os) Fake news N2 * Racism <u>Lesson 6: Being anti-racist in our actions</u> British Values Individual Liberty	P2) How can I stay fit and healthy? P3) Can I avoid getting ill? Os5) Analysing Digital Media (N1) Os) Digital '5 a day' L4 * H48. about why people choose to use or not use drugs (including nicotine, alcohol and medicines); H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns Consent KS2	G2) How will my feelings change as I get older? G3) How will I stay clean during puberty G4) What is Menstruation? Os6) Bias (N2) Os) Game ratings L6 * First Aid - Bleeding British Values Summary / Evaluation
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					Appropriate and inappropriate touch British Values Respect and Tolerance	
Y6	M3) Why do we argue? M4) Who am I? Os7) Echo Chambers (N5) Os8) Does the internet make us happy? (L1) Consent KS2 Giving and seeking permission British Values Introduction	Recap Fa1 and Fa2 Fa1) Why do people get married? Fa2) Are families ever perfect? Fa3) Is there such a thing as a normal family? Os) Meeting Strangers P4 * Os) Online Stereotypes L5 * Racism <u>Lesson 7: Representation matters</u> British Values Rule of Law	Fr4) Why are some people unkind? Fr5) What are stereotypes? Fr6) How do I accept my friends for who they are? Fr7) How do we reduce sexism? Os) Verifying info online N3* Consent KS2 Personal boundaries British Values Democracy	C4a) How can I be a great citizen? C4b) How can we make positive changes in the world? C5a) Why is money important? C5b) How should I spend my money? C5c) How can I earn money? C6) What makes us feel like we belong? C7) What does it mean to be British? Os) Online Ads and money on the internet C1* Os) In App purchases	P4) Why do some people take drugs? P5) Where should I get my health information? P6) How do I save a life? Os) Inaccurate health info L3* Consent KS2 Appropriate and inappropriate touch British Values Respect and Tolerance	Recap G1, G2, G3 and G4 G1) How will my body change as I get older? G2) How will my feelings change as I get older? G3) How will I stay clean during puberty G4) What is Menstruation? Sx1) How do plants and animals reproduce? (Statutory - Taught through science - does not include sexual

				and credit card info C5 Racism <u>Lesson 8:</u> <u>Myth</u> <u>busting anti-</u> <u>racism</u> British Values Individual Liberty		intercourse) Sx2) Optional lessons on sexual reproducti on/ (Not statutory - taught at the discretion of the leadership of each school) Os) Unhealthy Attention P3 * First Aid – Choking and basic life support. British Values Summary / Evaluation
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